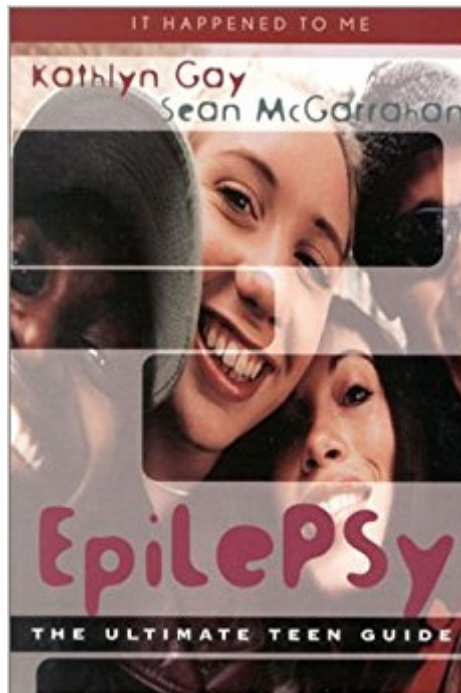




The book was found

Epilepsy: The Ultimate Teen Guide



Synopsis

At least 50 million people worldwide have epilepsy, many of them teenagers. There are many different types of epilepsy, and each type has different behavioral effects and is treated with different methods. This book, written specifically for a teen audience, dispels the myths, misconceptions, and misunderstandings about epilepsy and people who have the disorder. It provides positive, factual medical information and advice for teens on living a normal life by understanding the symptoms; being alert to the signs and factors that precipitate seizures; and educating themselves about treatment methods, medications, and management strategies. Stories from teens who have epilepsy show readers they can participate in normal activities. They also offer advice on whether and how to tell friends, dates, teachers, or an employer about the condition. The book concludes with an extensive resource listing of publications, Web sites, and organizations, as well as an appendix that covers the Americans with Disabilities Act (ADA) and how it applies to people who have epilepsy.

Book Information

Series: It Happened to Me (Book 2)

Hardcover: 144 pages

Publisher: Scarecrow Press; 1 edition (January 2003)

Language: English

ISBN-10: 0810843390

ISBN-13: 978-0810843394

Product Dimensions: 7.1 x 0.5 x 10.3 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #5,733,286 in Books (See Top 100 in Books) #62 in [Books > Health, Fitness & Dieting > Children's Health > Epilepsy](#) #271 in [Books > Health, Fitness & Dieting > Teen Health](#) #614 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Epilepsy](#)

Age Range: 8 - 12 years

Grade Level: 3 - 7

Customer Reviews

Grade 7 Up-An excellent look at epilepsy and its impact on diagnosed teens, their families, friends, and communities. The authors set the groundwork with an explanation of the various forms the

disease takes and give basic information on the brain. A look at the history of and folklore about this affliction follows. McGarrahan, an epileptic since age 16, describes his own experiences, lending the book a personal perspective. Methods used to diagnose and treat epilepsy are thoroughly covered. Considerable space is given to the many issues of the illness that affect teens, including school and jobs, driving, dating, and sports. The need for them to cope with the mass of misinformation surrounding seizure disorders is addressed. In addition, the text examines the health issues specific to girls: hormonal changes, fertility, and pregnancy. The final chapter looks at research and the future possibility of a cure. Readable, well organized, and well documented, this title is an important addition to school and public libraries. Sylvia V. Meisner, Greensboro Montessori School, NC
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Reviewed with Mark Powell's Stress Relief. Gr. 7-12. These books in the Ultimate Teen Guide series deal with issues related to health and contentment. Insightful and informative, Stress Relief examines the causes of stress most likely to affect teens--dating, homework, tests, relationships with peers and parents, working a part-time job--explaining how teens can recognize and cope with everyday stresses through such methods as meditation and creative visualization. Except for occasional instances when the author's earnest desire to sound hip comes off as corny or phony, the informal, conversational style generally works well, and the book is filled with accessible and practical information. epilepsy, which emphasizes that with proper management, teens with epilepsy live perfectly normal lives, is equally informative and better written. Coauthor McGarrahan, who was diagnosed with epilepsy in his teens, offers personal insight, and there's some interesting historical background that deflates many myths related to the illness. Photographs, charts, and sidebars are effectively used in both books; chapter notes, a glossary, and Web sites are appended. Good choices for both public and school collections. Ed Sullivan
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This was an easy read for myself (I read it first) and my fifteen year old daughter. Lots of examples of others with epilepsy discussed in the book, and how they deal with epilepsy.

love it

I love that this book tells stories from the teens point of view about driving, how school can be different and how they feel. I read it and then gave it to my daughter to read, then she can come to

me with questions.

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Epilepsy: Cure - What You Need to Know about Epilepsy: Therapy, Diagnosis, Treatment, Diet, Signs, Symptoms and Medication (Epilepsy Books - Epilepsy Therapy ... Treatment - Epilepsy in children Book 1) Teen to Teen: 365 Daily Devotions by Teen Girls for Teen Girls Teen to Teen: 365 Daily Devotions by Teen Guys for Teen Guys Epilepsy: The Ultimate Teen Guide (It Happened to Me) Epilepsy: The Ultimate Teen Guide The Epilepsy Cure: How To Overcome and Treat Epilepsy In Infants and Children Epilepsy And Seizures: Alternative Treatment For Epilepsy Without Drugs Or Surgery Neuropsychology of Epilepsy and Epilepsy Surgery (AACN WORKSHOP SERIES) Universal Orlando 2011: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) Universal Orlando 2013: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) Universal Orlando 2012: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) EPILEPSY 101-The Ultimate Guide for patients and Families Going Blue: A Teen Guide to Saving Our Oceans and Waterways: A Teen Guide to Saving Our Oceans, Lake The Ultimate Guide to Weight Training for Swimming (The Ultimate Guide to Weight Training for Sports, 25) (The Ultimate Guide to Weight Training for Sports, Guide to Weight Training for Sports, 25) Anxiety Sucks! A Teen Survival Guide (Teen Survival Guides Book 1) The Green Teen: The Eco-Friendly Teen's Guide to Saving the Planet Overcoming Teen Obesity: How To Reverse Teen And Childhood Obesity Today The Singer's Musical Theatre Anthology Teen's Edition Mezzo-Soprano/Alto/Belter (Singers Musical Theater Anthology: Teen's Edition) The Singer's Musical Theatre Anthology - Teen's Edition: Soprano Book Only (Vocal Collection) (Singers Musical Theater Anthology: Teen's Edition) Alcohol Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series)

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